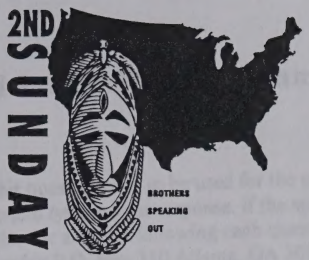

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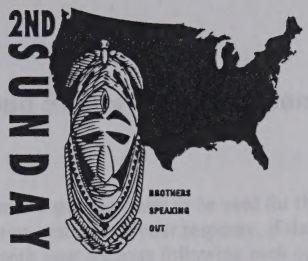

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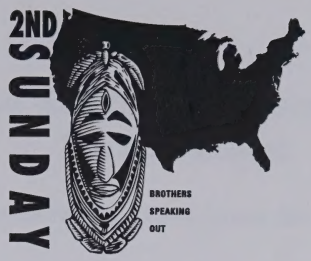

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Second Sunday's Conference '98
Format Ballot

Objective: To determine the membership's desired format for Second Sunday's Conference '98.

Directions: The following workshop/conference alternatives have been proposed by the Conference Committee. Please vote for the format that would most encourage your attendance and be most conducive to your learning and growth. Feel free to provide on the back any suggestions or comments on any or all of the alternatives that may be incorporated into the final development of the workshop or conference.

As you consider the three format alternatives, keep in mind the following six broad workshop topics developed from an earlier survey of Second Sunday attendees:

- Negotiating Sexual Needs
- Why is my best friend not my lover?
- How do we develop and nurture volunteers and leaders in the black gay community?
- What does it mean to be gay in the black community?
- Attaining and Maintaining a Healthy Mind, Body and Spirit
- How do I get my spiritual needs met?

Regardless of the conference format, all six workshop topics may not be covered in one conference.

Please check the box corresponding to your format of preference and return your completed ballot to one of the Conference Committee members at the conclusion of the meeting. Thank you.

	Alternative #1: A one-day conference with a menu of workshops open to Second Sunday members and the community-at-large. The day would most likely be a Saturday in July 1998. The conference would be held in a local Atlanta metro facility able to accommodate a target audience of at least 50 participants.
	Alternative #2: A workshop(s) possibly conducted under the theme of "health & wellness" on Black Gay Pride weekend in September 1998. The workshop could be co-sponsored by other organizations planning Pride-related events thereby sharing expenses, event space, and public relations.
	Alternative #3: A menu of workshops to be held during the regular Second Sunday time slot although a different location could be used. Attendees would select the workshop of their choice and break out into the individual workshops. The whole group could possibly reconvene at the end of the meeting and report the results of the individual workshops. A similar format was used as part of AID Atlanta's "Man Alive" program as an outreach/discussion format in Piedmont Park last summer.

Second Sunday Program Description (DRAFT)

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Monthly Meeting

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Special Programs

2nd Sunday supports two offshoot programs tailored to fit the needs of specific populations of men of African descent.

40-Plus

40-Plus offers a regular gathering for men of African descent who are 35 years of age and older and are members of 2nd Sunday. Discussion meetings are held on the 4th Sunday of each month. Issues relevant to these men are explored here. The group also hosts social events.

My Brothaz Keeper

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The monthly meeting is the central activity of the organization. Every second Sunday of the month, this meeting provides a forum for participants to discuss scheduled topics. The discussions are facilitated to stimulate a rich exchange of thought and experience. There is a social hour following discussion which promotes fellowship in a relaxed environment. The monthly meetings are open and free for dues-paying members; non-members are charged admission.

Special Programs

2nd Sunday SPONSORS two AFFILIATED programs tailored to fit the needs of TWO specific populations of SAME-GENDER-LOVING men of African descent.

40-Plus

40-Plus offers a MONTHLY gathering for SAME-GENDER-LOVING men of African descent who are 35 years of age and older and are members of 2nd Sunday. Discussion meetings are held on the 4th Sunday of each month. Issues relevant to these men are explored AT THE DISCUSSION MEETING. The group also hosts social events.

My Brothaz Keeper

My Brothaz Keeper features a support group for younger, SAME-GENDER-LOVING-MEN of African descent BETWEEN THE AGES OF 18 AND 24. The group meets every 3rd Sunday of the month and is facilitated by a licensed counselor. My Brothaz Keeper also coordinates social activities to enhance fellowship and intimacy. The program is directed by youth coordinators and the group facilitator.

Community Involvement

2nd Sunday maintains supportive relationships with other community-based organizations and agencies. 2nd Sunday has collaborations with the Young African American Men's Study (Y.A.M.S. Project) at Georgia State University; AIDS Education and Services for Minorities (A.E.S.M.);AID Atlanta and In The Life Atlanta (I.T.L.A.).

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2nd Sunday List of Helpful Hints for Strengthening Family

Prepared by Scott Neal

There is no one set of qualities that can be said to make all families strong. In fact, what works for one family may not necessarily work for another. However you choose to define family; you must believe that you are healthier mentally and physically when linked to a family. Therefore, in your quest to keep family strong, I've prepared some helpful hints on what you can do to make/ keep your family a strong, healthy and happy unit.

Helpful Hints

- **C**ommunicate openly and honestly, express yourself clearly, use I statements such as I believe, I feel, I need, I would like, etc.

- **W**ork with your family that is resistant change. If your family is slow to change, start by exploring and expressing new thoughts and ideas. Go easy on your family in the beginning, be careful not to tell them that your world has changed overnight. Change can be evolutionary or revolutionary -- know which to use and when.

- **M**ake a conscious, pro-active decision to manage your family relationships. If your family lives out of town and visits occasionally, use that time to bring everyone together to get to know each other. Be sure to introduce family members who do not know each other and explain why they are important to you and to each other.

- **M**ake rituals routine not a rarity, make time to see your family; if you don't have the resources to travel, call or write letters. Make family rituals a priority (e.g., birthdays, anniversary, weddings). There will always be parties and clubs but our family time is limited -- invest in your family or you could come up empty.

- **M**ake your love mean something by understanding the value of your love. Love is expressed in our actions. If a family member needs a shoulder to cry on, be there; if a family member is in the hospital, visit them; offer yourself completely and unselfishly to your family.

- **W**ork on your issues. Write your issues down in your planner, journal or something that you reference on a regular basis. For each issue, write 3 actions (things you will do) with deadlines to work through your issue.

- **W**rite the names, addresses, phone numbers and a helpful description of all your family members (include friends), copy and distribute to everyone on this list. This will help bridge communication for special events such as, surprise parties or in times of an unplanned illness or relocation. Update as needed.

- **P**articipate in Oprah's gratitude exercise. Make a list of three things that you are grateful for daily. Your daily list should be unique and never have repeats, for example, don't be grateful for ice cream every day of the week. This experience is sure to change your life.

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Use the law to your Advantage:

Being single does not exclude your need for a will, in the case of your untimely death, your property must still be distributed. Without a will, your personal property will become property of the state and much more difficult for your family to control. A simple will can ensure that your beneficiaries will receive what you will them to have expeditiously.

Simple Will -- acts as your voice in the case of your demise. This document specifies what will happen to your property.

Living Trusts -- in the case that your are terminally ill or in a coma, this document allows you to state your wish to receive life sustaining treatment . Furthermore, making plans for your memorial service will take a great burden off your family.

Power of Attorney -- If you're away from home, incapacitated, or deceased, a power of attorney nominates one member of your family to handle your affairs in your absence.

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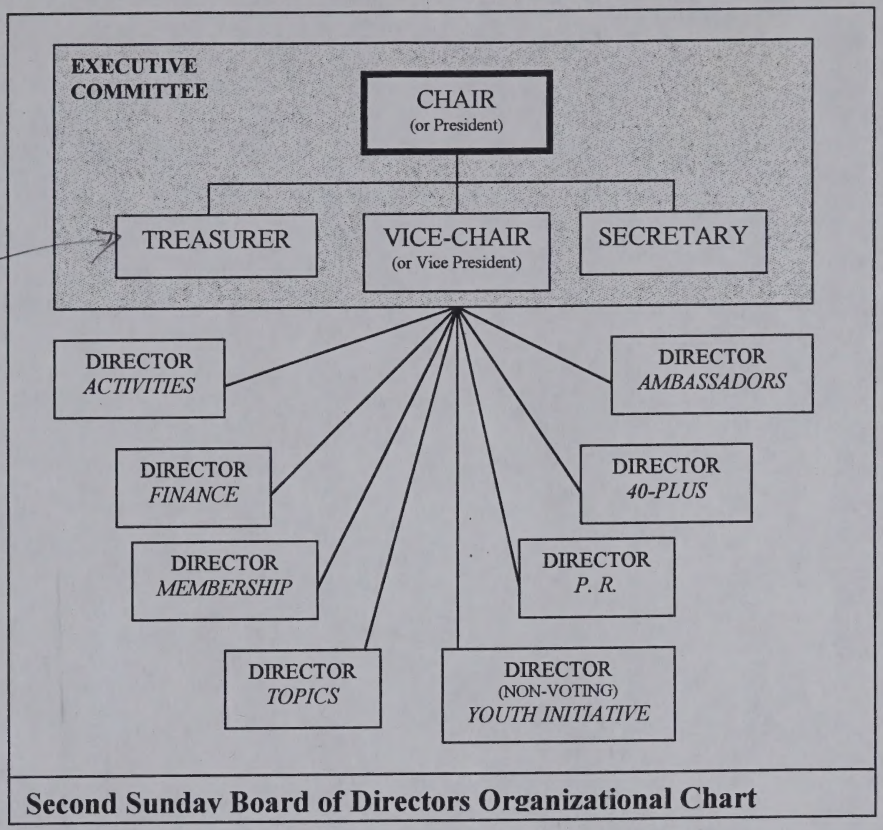
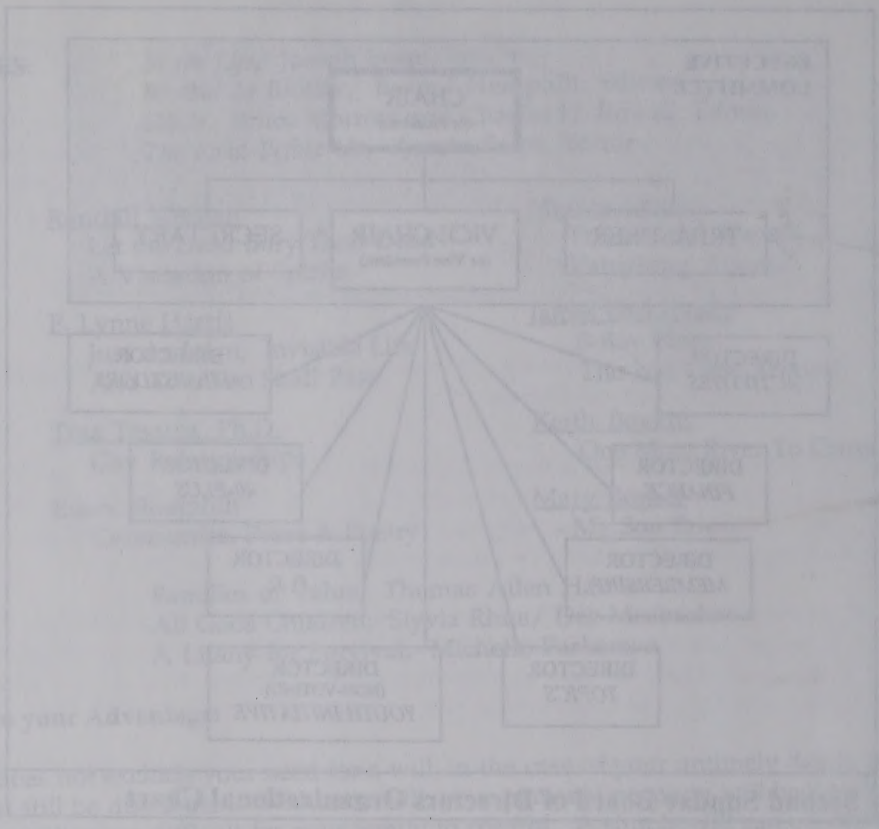
Proposed Second Sunday Restructuring
Presented 8/15/98



Second Sunday Board of Directors Organizational Chart

Notes:

1. The Chair and Vice-Chair (or President and Vice-President) officer structure is required by the state incorporation application; however, the co-chair alternative remains an option from an operational standpoint.
2. The proposed structure would create a board of directors of 12 members — 4 officers and 8 directors.
3. The director of the Youth Initiative would be a non-voting director since it is a paid position creating an employer/employee between the board and the Youth Initiative director.
4. Each director would be singly responsible for a committee or program like 40-Plus; however, each committee could have an assistant director as back up.
5. The responsibilities of the executive committee, its officers and the directors and their respective committees would be developed via the bylaws committee and presented at the next steering committee meeting.